



## Sr. Laurence Loubières, xmcj

In today's complex, fast-paced world, many of us grapple with a sense of disconnection, uncertainty, and overwhelmed by the choices we have to make. We often find ourselves torn between different aspirations and trying to figure out what will truly make us happy. Ignatian discernment, rooted in the longstanding Jesuit tradition, offers tried-and-true tools to help us navigate life and make choices that align with what really matters to us.

Join us for a transformative webinar series on Ignatian discernment, led by Laurence Loubières, xmcj, Director of the Service for Discernment in Common of the Jesuits of Canada.

### Learn:

- ✕ The importance of discernment in any walk of life
- ✕ How to identifying and choosing life-giving paths – and avoiding others
- ✕ How to become your authentic self through discernment
- ✕ Practical tools for daily integration

# PATHS OF WISDOM: TIME-TESTED PRACTICES FOR MAKING MEANINGFUL DECISIONS

2 webinars

Part 1: 23 May 2023, 12PM (ET)

Part 2: 25 May 2023, 12PM (ET)

Register: [bit.ly/pers-discern](https://bit.ly/pers-discern)

A webinar recording will be shared with registrants 72 hours after the event.

For more information:  
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