# **Suggestions for Parish Activities**

#### 1. 10 Videos on Amoris Laetitia Click here

In these 10 videos inspired by *Amoris Laetitia*, Pope Francis invites us to rediscover the family as a gift, despite the obstacles & challenges that families face. Each video is accompanied by a guide for further reflection. The objective is to nurture reflection, dialogue & pastoral practice and to provide encouragement, and help to families in their daily lives.

Offer session(s) to view & discuss these short videos.

# 2. Family catechesis & short films for the World Meeting of Families

Rome developed 8 catechesis on the family, to give support for meetings held in the parishes around the world. Each catechesis accompanied by a short video. They have been designed as a spiritual journey to follow for the 10th World Meeting of Families. **Offer sessions in your parish to view and discuss each topic.** 

**Catechesis Home Page** 

**First Video** 

# 3. Amoris Laetitia Reflection Guide & Discussion Questions

Produced by the Canadian Conference of Catholic Bishops and the Catholic Organization for Life and Family to help parishes lead discussions on each chapter of *Amoris Laetitia*. Host a book study on *Amoris Laetitia*, using the chapter questions for group discussions. Click here

# 4. 12 Paths to Walk with Families following Amoris Laetitia

These 12 proposals are some ways we can commit to pastoral care of the family in reflection of *Amoris Laetitia*. **Consider which proposals may be developed or implemented in your parish.** <u>Click here</u>

# 5. Mass for families on one of the Sundays during the Quebec Family Week (May 8 or May 15)

It is not necessarily easy for children to live well the Holy Mass. Here are some tips and ideas on how to make this holy prayer time family-friendly, from the book *Our Family Mass: Resources for the Family Click here* 

# 6. Parish Community Family Picnic

Picnics are great opportunities for growth, sharing & fellowship in the parish. Host a day of family games, food & activities to connect and get to know others in the parish & community.

- 7. Catholic Speaker/Workshop on a topic important to Families in your Parish
- 8. Offer workshops or a Catholic speaker to offer education & support for parents/grandparents

**Topic Suggestions:** Raising Children in Faith, Engaging Teens in our Church, Living as a Domestic Church, Vocational Discernment, Grandparents & their Role of Faith in our Families, Social-Media & the Family.

#### 9. Family Movie Night

Host a parish Catholic family movie night with refreshments, discussions & fellowship. If you have a youth group, have them make popcorn and lemonade, and if the weather allows it, why not make it an outdoors event?

# 10. 10th World Meeting of Families in Rome June 22-26, 2022

**Theme:** "Family love: vocation & a path to holiness"

While the main event is in Rome, with delegates & families around the world. Pope Francis announced that this event will be celebrated not only in Rome, but in all dioceses and eparchies across the world. Click here for ideas how to celebrate!

Each diocese/parish is invited to organize similar events locally. Official Website

Pope Francis' video message for the 10th World Meeting of Families. Click here

11. Pastoral Kit to prepare for the X World Meeting of Families in particular churches.

<u>Click here</u>