

# Couch Talks

**Make time for your couple! Rekindle your love!**



**October 5  
November 9  
December 7  
February 1  
March 8  
April 5**

**8pm to 9:30pm**

**Six interactive sessions held online via Zoom**

Lead by Bridget Bagshaw and Karl Santaguida

**TO CHOOSE YOUR SESSION AND REGISTER:**

**[www.bit.ly/3tGWWfl](http://www.bit.ly/3tGWWfl)**

## **THEMES**

Holiness in Marriage  
Happiness  
Communication  
Work/Life Balance  
Sexuality and Intimacy  
Education in Virtue